



# -FROM THE HORSE'S MOUTH-



The Official Newsletter of the Kentucky 4-H Horse Program

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# EASTERN NATIONAL 4-H HORSE ROUNDUP

### Hippology:

- Individual Written - 4th: Caroline Olds
- Team Written - 2nd: Kentucky
- Individual Judging - 9th: Caroline Olds
- Team Judging - 1st: Kentucky
- Team Stations - 9th: Kentucky
- Team Problem - 3rd: Kentucky
- Individual Overall - 8th: Caroline Olds
- Team Overall - 5th: Kentucky

### Public Speaking:

- Individual Overall - 4th: Ashlyn Popiwczak
- State Communication Team Award:
- Overall - 9th: Kentucky

### Judging:

- Team Halter - 8th: Kentucky
- Team Performance - 6th: Kentucky
- Team Oral Reasons - 9th: Kentucky
- High Team Overall - 7th: Kentucky



Our Kentucky 4-H Delegation did a great job at the Eastern National 4-H Roundup in Louisville, KY during the North American International Livestock Exposition. Eastern Nationals is the concluding event for the regional/national events for the Kentucky 4-H Horse Program for the year. If you are interested in participating regionally/nationally, start studying up now and qualify through our State 4-H Horse Contests in June! Congratulations to all of our delegates this year!

# Upcoming Events

Like & Follow us on Facebook to stay up-to-date on upcoming events!

**Shows/Trail Rides/Clinics** - We do not endorse any event mentioned below; this list is for informational purposes only and is based off of word-of-mouth. This is not a complete list of every fun show/trail ride/clinic within the state of Kentucky. *Please contact us if you have an upcoming event you would like featured in our newsletter!*

- New Years Ranch Day - 1/1/22, KY Cowtown Arena, Williamstown KY Click [HERE](#) for more information
- Young Guns 4-H Drill Team Obstacle Course Day - 12/5, KY Cowtown Arena, Williamstown KY - Click [HERE](#) for more information
- Wednesday Night Jackpot Barrel Race Series - 12/29, 1/26, 2/23, 3/30 - KY Cowtown Arena, Williamstown KY - Click [HERE](#) for more information

## **Save The Dates!**

State Horse Judging Contest: June 1, 2022 - Lakeside Arena, Frankfort, KY

State Horse Contest: June 2-3, 2022 - Hardin County Extension Office, Elizabethtown, KY

Kentucky State Fair 4-H Horse Show: July 2-7, 2022, KY Fair & Expo Center, Louisville, KY

**The Jockey Club Scholarships for 2022-2023:** <https://thejockeyclub.slideroom.com/>

Deadline to apply is February 1st! Check out the link provided to see multiple Jockey Club Award Applications and details.

## **Horse Science 101 Virtual 4-H Project Group**

We are two meetings in to our Horse Science 101 Virtual 4-H Project Group! Last month we hosted Dr. Bob Coleman to speak on bit mechanics. If you missed out-no worries! The meetings are recorded and will be sent to the listserv & reach out to Mary Jane to get on the list if you are not already on it!

Reminder: If you plan to participate in this group you must complete a 4-H enrollment form through your local Extension Office.

**Meeting Dates: All times are EST.**

NO DECEMBER MEETING, January 17th 6 PM, February 21st 6 PM, March 21st 6 PM, April 18th 6 PM

# A Treat For My Sweet Recipe

## Peppermint Press Cookies

### Ingredients:

- 1 Cup Oats
- 1 Cup Whole Wheat Flour
- 1/2 Cup Shredded/Grated Carrots or Apples
- 1/3 Cup Molasses or Honey
- 1 Small, Ripe Banana (or 1/2 Large)
- Peppermints/Spearmints

### Directions:

1. Preheat oven to 375 degrees F
2. Mix together all ingredients - Except peppermints
3. Form small balls and place evenly on an un-greased baking sheet. \*Or you can roll out all ingredients and use your favorite cookie cutter instead!
4. Bake 10 minutes
5. While the cookies are warm, press peppermint in center of formed ball (or anywhere you like on the cut out shapes)!



# Educational Article

Click the article below to redirect you to an article on: *Caring for Senior Horses in Cold Weather*



## **Caring for Senior Horses in Cold Weather**

Cold weather affects older horses more than it does their younger companions. But with knowledge and planning, your senior can stay comfortable and healthy during cold weather.

 The Horse / Sallie S. Hyman / Nov 29

# Connect With Us!

Like us on Facebook & Visit our website: Click below to find the Kentucky 4-H Horse Program Page & Website:

*Facebook*



*Website*

<https://afs.ca.uky.edu/4h-youth/horse>

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