### -FROM THE HORSE'S MOUTH-

The Official Newsletter of the Kentucky 4-H Horse Program

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### ALL-AMERIGAN OUARTER HORSE GONGRESS

Our Kentucky 4-H Delegation did a great job at the All-American Quarter Horse Congress in Columbus, Ohio on October 11-14! KY Hippology team of Caroline Olds, Ella Olds, Grace Gerbus, and Savanna Claggett placed: 3rd team judging, 6th team stations, 6th team problem, 7th team exam, and 6th team overall. Caroline Olds earned 10th in stations, 6th in judging, and 9th individualoverall. Ella Olds was 13th in judging, Grace Gerbus was 21st overall and Savanna Claggett was29th overall. Our Judging team of Anna Turlington, Mikayla Clemons, Camryn Mattox, and Luke Glasscock placed 14th overall team halter, 15th team reasons, and 15th team overall. Grace Griderplaced 5th in individual presentation and Ashlyn Popiwczak placed 3rd in public speaking. Congratulations to everyone!









Our Kentucky 4-H Delegation has worked hard at the regional and national level-and they aren't done yet! They will represent Kentucky once again at Eastern National 4-H Horse Roundup in Louisville, KY November 5-7. Meet them below!







Savanna Claggett is 15 years old and is from Oldham County. She has ridden all disciplines but is currently riding and competing as a hunter jumper and in mounted games. She has always loved horses and plans on obtaining a degree in equine business after high school.





Mikayla is a senior at Grayson County High School and enjoys riding her horse. She also plays soccer and plans to study forestry/environment with goals of becoming a Mounted Park Ranger.







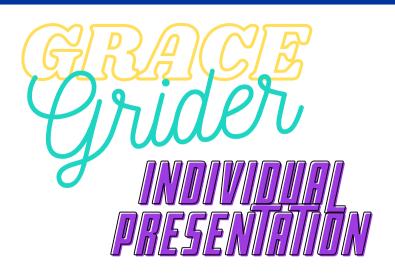
Grace Gerbus is a senior at Oldham County High School with a 4.4 GPA. She is a member of NHS and Sources of Strength. Grace currently shows western all around on a national level, but still enjoys simple trail ride. This year she earned a world champion title in showmanship at the APHA world show. In her spare time she works at an animal clinic as well as with others to learn about horses. Grace plans to attend a four year college next year as an animal sciences major with a pre-veterinary focus.





Luke is a 10 year 4-H member and shows barrels and poles. He is studying pre-law at Campbellsville University. Aside from horses, Luke also enjoys curing country hams.







Grace Grider is a senior at West Jessamine High School. I have been in 4-H since the start of middle school. Grace is an active member in both educational and showing aspects of 4-H Horse. Her favorite education event is public speaking contest and her favorite class to show in is western dressage.





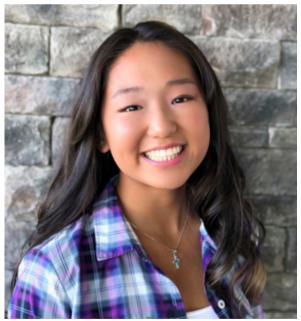
Camryn Mattox is a 15 year old sophomore at West Jessamine High School. She has been a member of the Colonels 4-H Horse Club in Jessamine County since she was 9 years old. Camryn has been riding since the age of 4 and currently owns 3 horses: Montego Bay, a 22 year old miniature, an Arabian Copper, also 22 years old, and Synthesizer, (aka Roy) her current OTTB. Her love for animals runs deep as she also raises several varieties of chickens and ducks, and has 5 cats and 2 dogs. When not outside caring for animals, you will most likely find her in her room reading a book.







Caroline's journey with horses began nine years ago when she began taking lessons on her pony. Shortly after, she joined her local 4-H Horse Club through which she learned more about the horse. Caroline was able to apply this knowledge both in real life and through competitions. Horses have been a huge part of her life for many years and many more to come.





Ella is a homeschooled senior and has been in 4-H for 9 years. She participates in the Ballardsville High Riders horse club, Leaders of the Pack dog club, and the Teen club. Ella has won numerous awards from previous competitions and loves to study and spend time with her hippology team.







Ashlyn Popiwczak has been very active in the Kentucky 4-H Horse Program for the past ten years. She has racked up 21 State Champion titles, representing Kentucky on the National Team four years in a row, with several top 5 awards. Ashlyn now is pursuing a degree in Equine Studies, and owns Heart of the Wild Horsemanship in Georgetown, KY. Ashlyn also is federally recognized as a TIP Trainer through the Bureau of Land Management's Mustang and Burro program. Ashlyn competes in Extreme Mustang Makeovers and Trainer Incentive Program competitions, where she has won several awards. Her dream is to grow her businesses and find safe and loving homes for those equines in need. Ashlyn thanks the Kentucky 4-H Horse Program for giving her the knowledge and skills to pursue her equine passion.





Anna is from Hardin County and is studying pre-vet at the University of Kentucky. She comes from a military family and has a love for horses. Anna is working part time at University of Kentucky's Maine Chance Farm absorbing everything she can from her equine experiences.



### Upcoming Events

#### Like & Follow us on Facebook to stay up-to-date on upcoming events! Eastern National 4-H Horse Roundup

• Kentucky will be represented in Louisville, KY for Eastern Nationals November 5-7. Delegates will compete in Hippology, Individual Presentation, Public Speaking, and Judging. Good luck to our participants!

<u>Shows/Trail Rides/Clinics</u> - We do not endorse any event mentioned below; this list is for informational purposes only and is based off of word-of-mouth. This is not a complete list of every fun show/trail ride/clinic within the state of Kentucky. *Please contact us if you have an upcoming event you would like featured in our newsletter!* 

- Kentucky Cowtown Mountain Trail Challenge: Nov 6 Willamstown, KY Click HERE for more info
- Horsemanship Clinic at Kentucky Cowtown: Dec 3-4 Williamstown, KY Click HERE for more
- info Mounted Shooting Clinics at Kentucky Cowtown: Nov 7 Williamstown, KY Click HERE for more info
- Northern Kentucky Horse Network Equine Conference: Nov 6 Boone Co Enrichment Ctr, KY
  Click HERE for more info
- Young Guns 4-H Drill Team hosting an open Gymkhana: Nov 14 Williamstown, KY Click HERE for more info
- District 6 4-H Trail Ride/Clinic: November 12-14 Mammoth Cave, KY Click HERE for more info

#### Horse Science 101 Virtual 4-H Project Group

We have kicked off the 4-H virtual Horse Science 101 project group on October 18th. We got to know each other, reviewed statewide opportunities, and became familiar with our website. If you missed out-no worries! The meeting dates are below and if you don't already receive email reminders about the group, reach out to Mary Jane to get on the list.

Reminder: If you plan to participate in this group you must complete a 4-H enrollment form through your local Extension Office.

#### Meeting Dates: All times are EST.

November 15th 6 PM: Dr. Bob Coleman - Bit Types/Mechanics NO DECEMBER MEETING January 17th 6 PM: Tim Jedra - Judging February 21st 6 PM: Kristen Wilson - Equine Careers/UK Equine Programs March 21st 6 PM: TBD April 18th 6 PM: TBD



SPEND

with the American Hackney Horse Society Foundation



**STOPS** 

HERE



PROMOTE

AMERICAN HACKNEY HORSE SOCIETY

The Buck Stops Here provides the opportunity for American Hackney Horse Society members to earn unique currency, Hackney Bucks, that can be spent with the list of registered vendors as cash. Hackney Bucks may be earned by signing up a new member to the American Hackney Horse Society, donating a safe Hackney to a lesson program, giving first-time individuals a riding or driving lesson on a Hackney (professional instructors), showing a Hackney for the first time, breeding/registering a Hackney for the first time or for the first time in five years, exhibiting a Hackney in an event outside of the show ring, hosting an educational clinic about the Hackney, and more. Video: https://youtu.be/JRhyYKR38wQ

#### Website: http://hackneysociety.com/the-buck-stops-here.html

### Trail Riding Project



Hit the trails with the 4-H Trail Riding Project! Learn about the goals, safety, trail etiquette, tack/equipment, choosing the right horse, conditioning, preparing yourself for trail riding, where to find trails in KY, possible scenarios, Tracking/logging hours, and having fun! Visit our website https://afs.ca.uky.edu/4h-

Youth/horse/trail-riding-project to learn more!

## A Treat For My Sweet Recipe



Ingredients:

- 2 Cups Oats
- 2 Cups Flour
- 1/2-1 Cup Molasses
- 2 Tsp. Salt
- 4 Tsp. Vegetable Oil
- 2 Tsp. Brown Sugar

### Directions:

- 1. Preheat oven to 350 degrees F
- 2. Mix together ingredients in medium bowl-starting with only 1/2 cup molasses. Add more molasses to make the batter the consistency you prefer.
- 3. Form small balls/cubes and place onto lined cookie sheet (wax paper).
- 4. Bake 10-15 minutes or until golden brown.
- 5. Store in airtight container and use within one week of baking!

You can substitute/add other ingredients - get creative! Watch the video here: https://youtu.be/bH0u1e2JPVo



### Educational Article

# Click the article below to redirect you to an article on: Equine Influenza: Know the Threat



#### Equine Influenza: Know the Threat

Equine influenza is a highly contagious respiratory virus that can put horses out of work for weeks and potentially cause serious secondary infections. Learn ho...

👎 The Horse / Diane E. Rice

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4-H Horse Program Page & Website:

Facebook

Website



https://afs.ca.uky.edu/4h-youth/horse



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