

MATERIALS DEVELOPED:

LESSON 1 – Why include protein in your diet

Curriculum – Lesson 1

Handout: Why dietary protein important?

Handout: What is protein? (with crossword puzzle)

Handout: Important proteins in your body

Handout: Function of muscle proteins

PowerPoint for more advanced classes: Important proteins in your body

Activity sheet: Function of muscle proteins

Activity sheet: Making a working arm model

Activity sheet: Taking your pulse and the effect of exercise

Activity sheet: Make your own biological clock

Activity sheet: Antigen – Antibody matchup

Activity: Coloring book – Why is dietary protein important

LESSON 2 – Why include chicken in your diet?

Curriculum – Lesson 2

Handout: Role of chicken in your diet

Handout: Edible parts of a chicken

Handout: Why have chicken on your plate

Activity: Story outlines (3 possible topics related to including chicken in the diet)

Activity: Word search with secret message – edible parts of chicken

Activity: Cryptogram on edible parts of a chicken

LESSON 3 – What do all those labels mean?

Curriculum – Lesson 3

Activity: Writing assignment – What do all those labels on chicken meat mean?

Handout: Chicken – what do all those labels mean?

Activity: Crossword puzzle – What do all those labels mean?

USDA Factsheets:

Food product dating (English and Spanish)

Meat and Poultry labeling (English and Spanish)

Natural flavors on meat and poultry labels (English and Spanish)

Poultry labels says fresh (English only)

Water in meat and poultry (English and Spanish)

LESSON 4 – Chicken meat production – fact versus fiction

Curriculum – Lesson 4

Activity: Computer search – Chicken meat production fact versus fiction

Handout: Why have chicken on your plate

LESSON 5 – Chicken meat production – The facts

Curriculum – Lesson 5

Handout: Chicken lifecycle

Activity: Identify the stages in the lifecycle of a chicken

Activity: Crossword puzzle – Chicken lifecycle

Activity: Coloring book – Chicken lifecycle

Handout: Genetic selection of chickens

Activity: Crossword puzzle – Genetic selection of chickens

Handout: Commercial chicken meat production

Activity: Coloring book – Commercial chicken meat production

Activity: Mazes – Commercial chicken meat production

Activity: Crossword puzzle – Commercial chicken meat production

Activity: Cryptogram – Commercial chicken meat production