

# 4-H POULTRY PROJECT



Images: Carter County 4-H



## Step It Up!

Pass it on! Now that you know how, share it with others. Here are ideas to get you started.

### Communication

- Prepare a speech on how to raise and care for chickens.
- Do a demonstration on how to prepare a dish containing eggs.

### Citizenship

- Lead an activity at a Cloverbud Club meeting on proper food safety and cooking skills when preparing dishes that contain eggs.

### Leadership

- Mentor a younger 4-H'er on proper showmanship techniques.
- Lead a club session on the different uses of eggs and poultry meat.

4-H is a community of young people who are learning leadership citizenship and life skills.

## Are you Into It?

**Dr. Jacquie Jacob**  
Poultry Extension Project Manager

Participate in a 4-H poultry project!

- Learn how to identify breeds and select quality poultry animals.
- Learn best practices for poultry care and management.
- Develop creative skills in preparation, use, and serving of eggs.
- Participate in Avian Bowl, Poultry Judging, Egg Preparation Demonstration, and Chicken and Turkey BBQ contests.

## Here's what you can do all year!

**Starting Out**  
Basic/Level 1

- Nutrition, feeding, health, and daily care
- Breed identification
- Parts of poultry animals, including eggs and feathers
- Poultry showing techniques

**Learning More**  
Intermediate/Level 2

- Judging techniques
- Poultry diseases
- Pecking order
- Hen selection
- How an egg is formed
- Preparing poultry and egg dishes

**Expanding Horizons**  
Advanced/Level 3

- Safe and ethical practices for poultry welfare
- Genetics
- Flock management
- Safe handling of meat and eggs
- Processing meat birds
- Poultry careers

Learn more at [www.kentucky4h.org](http://www.kentucky4h.org) or contact your county extension office.





# Take Poultry Further!

## Explore Poultry:

- Enter to show an animal in the county or state fair.
- Participate in an Embryology in the Classroom Project.
- Give a 4-H Speech or Demonstration related to poultry (such as the care and management of chickens or how to prepare an egg dish).

## Events:

- 4-H Poultry Judging Contest
- 4-H Poultry Showmanship Contest
- Avian Bowl Contest
- Chicken and Turkey BBQ Contest
- Egg Preparation Demonstration Contest

For additional information visit the 4-H Poultry Program Website at <https://afs.ca.uky.edu/4h-youth/poultry>.

## Exhibit Ideas

- Create a poster showing the costs associated with purchasing, caring for, and showing a chicken.
- Develop a video demonstrating how to grade an egg.
- Prepare an exhibit showcasing different breeds, and the advantages and disadvantages of each.
- Create a poster showing the body parts of your animal.
- Develop a display featuring different cuts of meat and how to properly prepare each one.
- Create a poster that includes important poultry terminology.

## Resources

4-H Resources	Record Keeping
<ul style="list-style-type: none"> <li>• ChickQuest Teacher/Leader Guide</li> <li>• ChickQuest Log Book</li> <li>• Egg Preparation and Demonstration Publication</li> <li>• Hatching with My "Peeps" Embryology Countdown Calendar</li> <li>• Kentucky 4-H Chicken and Turkey BBQ Project Publication</li> <li>• National Avian Bowl Manual</li> <li>• For specific project and record books contact Dr. Jacquie Jacob.</li> </ul>	<ul style="list-style-type: none"> <li>• Record time each day spent feeding and caring for your animal.</li> <li>• Record egg production for hens or growth rate of meat chickens.</li> <li>• Record costs associated with owning and caring for your animal, including veterinary expenses, food, supplies, etc.</li> <li>• Record veterinary and health care provided for your animal, including sicknesses, parasite control, etc.</li> </ul>

